



Depression: Organizations and Resources

REVIEWED OCT 9, 2008

Organizations

American Academy of Child and Adolescent Psychiatry (AACAP) www.aacap.org American Psychiatric Association www.psych.org American Psychological Association www.apa.org National Alliance for Mental Illness www.nami.org National Depressive and Manic Depressive Association www.ndmda.org National Foundation for Depressive Illness (800) 239-1265 www.depression.org National Institute of Mental Health (301) 443-4513 or (301) 443-8431 (TTY) www.nimh.nih.gov Mental Health America www.nmha.org

Books

Depression Is the Pits, But I'm Getting Better: A Guide for Adolescents by E. Jane Garland, MD. Magination Press, 1997.

The Depression Workbook: A Guide for Living With Depression and Manic Depression by Mary Ellen Copeland and Wayne London. New Harbinger Publishers, 1992.

Lonely, Sad and Angry: A Parents Guide to Depression in Children and Adolescents by Barbara Ingersoll and Sam Goldstein. Doubleday, 1995.

So Young, So Sad, So Listen by Phillip Graham and Carol Hughes. Gaskell, 1995.

By Josepha Cheong, MD; Michael Herkov, PhD; Wayne Goodman, MD

© 2000 University of Florida Brain Institute

Achieve Solutions® is a ValueOptions® Web site.

<https://www.achievesolutions.net/achievesolutions/en/>